



Nancy Eklund

NBR® Extensions Home Maintenance



SHAMPOO

- ◆ Detangle extensions with a wet brush (the wet brush brand is required) before showering by bracing the top of the row with one hand, while brushing down with the other. This will help prevent deep tangles and matting, which will extend the life of your wefts. Using a leave-in detangling primer product with the wet brush may be helpful.
- ◆ Use a sulfate-free shampoo and conditioner to prolong the hair & extension weft color.
- ◆ Shampoo by gently massaging in between and the top of the rows with your thumb and index fingers. Vigorous scrubbing will only depreciate the extension's life. Rinse thoroughly.
- ◆ Condition from the ends up to the mid shaft and leave in for at least (5) minutes before rinsing.
- ◆ After shampooing, gently towel dry your hair by using a blotting motion. Then hold your hair in a loose ponytail with one hand and brush down with the other. It is important to work your way up to the scalp and completely detangle the top of the wefts.



STYLING

- ◆ Heat protectant is to hair as sunscreen is to face. For best results, apply protectant and use styling product of choice when hair is approximately 80% dry.
- ◆ If you choose to use a round brush on your weft extensions, only use it from the mid shaft to the ends. When brushing the extensions and styling them at the root, always use the wet brush to prevent tugging and loosening of the track.
- ◆ Remember that both your natural hair and the extension wefts are like a delicate fabric. Every time you style with a hot tool (ie. blow dryer, curling iron, or flat iron) remember to use a heat protectant before styling. This is key to extending the life of your hair.



PRO TIPS

- ◆ Bedtime Routine: For optimal care and tangle prevention, section your hair into (2) loose braids or (2) loose ponytails.
- ◆ Shampooing your hair is easier in smaller sections. The "Half-up/Half-down" method is a simple way to start. Divide your hair between row (1) and row (2) before entering the shower. Gently wash and rinse the bottom row first, then let down the top section and repeat.
- ◆ Hair masks are more effective in keeping your hair shiny and moisturized. Consider swapping your regular conditioner with a hair mask.
- ◆ Be sure to keep sunscreen or suntan oil off of your extensions. They can adversely affect the color.

Don't be afraid to rock your new look while living out your day-to-day lifestyle! I am more than happy to offer recommendations on any shampoo or styling products as well. For any other questions, you can email me at

nancyeklundhair@gmail.com.